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The Resource Library features an extensive selection of health, pregnancy and parenting, STI and substance abuse-related brochures with hundreds of titles to choose from. Those in Cayuga, Madison, Onondaga or Oswego Counties may request up to 25 copies each of brochures, and 5 copies each of booklets and posters, for use in programs, or for personal use. Please indicate your selections below. Pick-up the requested brochures at REACH CNY's Syracuse office, or contact REACH CNY to arrange delivery (publications are free of charge to those in REACH CNY's service area, but you will be responsible for mailing costs).

Name:	Agency/ Organization
Mailing Address:	
Phone:	Fax:
Email:	
Comments and Suggestions:	

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# Requested	Slot	Title	Available in Spanish	Publisher
Birth Control				
	1A	Birth Control: What's The Best Method For You	X	Planned Parenthood
	1A	Birth Control Facts		ETR Associates
	1B	Birth Control Choices		ETR Associates
	1B	Medicaid Family Planning Services		NYSDOH
Preconception Care				
	2A	Preconception Care Booklet		NYSDOH/ ACOG
	2A	9 Things to Do Before Getting Pregnant Palm Card		March of Dimes
	2B	I Want My 9 Months Someday (Latina)	X	March of Dimes
	2B	I Want My 9 Months Someday (African American)		March of Dimes
	2C	Baby Building: Preconception Planning	X	Childbirth Graphics
	2D	Think Ahead For a Healthy Baby		March of Dimes
	2D	Before Pregnancy: 15 Things to Keep in Mind		Childbirth Graphics
	3A	Ordinary Couples Don't Plan... Be Extraordinary		Office of Minority Health
	3A	Sex Causes Pregnancy		Office of Minority Health
	3B	Before Pregnancy Health Checklist		Office of Minority Health
	3B	Genetic Counseling: Is It For You?		Office of Minority Health
	3C	Diabetes and Women: Birth Control and Pregnancy		ETR Associates
	3D	Your Mommy Years Booklet		March of Dimes
	4B	Folic Acid: You May Not be Ready to Have a Baby		CDC
	4B	Folic Acid: Before you know you're pregnant		CDC
	4C	Help Protect Your Baby from Birth Defects: Take Folic Acid		MOD
	4C	Folic Acid is Good For Me	X	MOD
	4D	Healthy Mothers Have Healthier Babies with Folic Acid		CDC
	5A	Folic Acid: Guide for Primary Care Practitioners		CDC
	5A	Folic Acid: Guide for Pharmacists		CDC
	5B	Folic Acid: Guide for Pediatric Health Practitioner		CDC
	5B	Folic Acid: A Guide for OB/GYN Practitioners		CDC

# Requested	Slot	Title	Available in Spanish	Publisher
	5C	(Folic Acid) Congratulations, Mom: You Have a Beautiful Baby		CDC
Pregnancy				
	6A	Prenatal Care	X	ETR Associates
	6A	Pregnant? Here A 12 Important Reasons To Get Monthly Check-Ups	X	Noodle Soup
	6B	Prenatal Care	X	March of Dimes
	6B	How Your Baby Grows	X	March of Dimes
	6C	Fetal Development		Childbirth Graphics
	6D	Pregnancy Baby Book (booklet)		March of Dimes
	7A	Pregnancy Facts	X	ETR Associates
	7A	50 Things Every Pregnant Woman Should Know		Journeyworks
	7B	Fetal Movements -- Kick Counts	X	Childbirth Graphics
	7C	Warning Signs of PIH	X	Childbirth Graphics
	7D	Pregnancy & Stress		ETR Associates
	7D	Coping With Morning Sickness		Noodle Soup
	8A	Gestational Diabetes		ETR Associates
	8A	Gestational Diabetes	X	Childbirth Graphics
	8B	Healthy Eating and Pregnancy		Journeyworks
	8B	(Exercise: Ten Tips for Getting Started) Ejercici fisco: Diez consejos para empezar	X	Journeyworks
	8C	Baby Building (assorted perinatal nutrition full page)	X	Childbirth Graphics
	8D	Pregnancy The Healthy Way		Office of Minority Health/ Channing Bete
	8D	My 9 Months Eating Healthy		March of Dimes
	9A	Nutrition During Pregnancy		ETR Associates
	9A	Weight and Pregnancy: What You Eat Matters		ETR Associates
	9B	Late-preterm Brain Development Card		March of Dimes
	9C	Why the Last Weeks of Pregnancy Count	X	March of Dimes
	9C	(Know the Signs of Preterm Labor) Conozca las senales del parto prematuro	X	March of Dimes
	9D	Pregnancy and Drugs		ETR Associates
	9D	Problems During Pregnancy		ETR Associates
	11A	Drugs and Pregnancy		March of Dimes
	11A	Pregnancy and Marijuana		ETR Associates
	11B	Pregnancy and Smoking		ETR Associates
	11B	Pregnancy and Second Hand Smoke		Journeyworks
	11C	Smoking and Pregnancy		March of Dimes
	11D	Smoking-- It hurts your baby		Chaning-Bete
	12A	You and Your Baby: Caring Choices (substance use)		Health Canada Prenatal Nutrition Program
	13A	Alcohol and Pregnancy		March of Dimes

# Requested	Slot	Title	Available in Spanish	Publisher
	13A	Have a Healthy Baby: Don't Use Alcohol	X	ETR Associates
	13B	Pregnancy and Alcohol		ETR Associates
	13B	Fetal Alcohol Syndrome		ETR Associates
	13C	I Never Thought... (FASD)		CDC
		<i>Posters also available for this title (Max 5).</i>		
	13C	Think Before You Drink	X	CDC
	13D	Alcohol Can Harm the Way Your Baby Learns and Behaves	X	SAMHSA
	13D	It's the Same Risk for Pregnant Women Everywhere	X	SAMHSA
	14A	Be an Alcohol Free Mother to Be	X	SAMHSA
		<i>Posters also available for this title (Max 5).</i>		
	14A	When You're Pregnant, Your Baby Drinks What You Drink	X	SAMHSA
	14B	Pregnant? Think! Don't Drink! (Booklet)		ACOG
		<i>Posters also available for this title (Max 5).</i>		
	14C	Take Another Look: A Guide on FASD for School Psychologists and Counselors		Council on Children and Families
	14D	Surgeon General's Advisory on Alcohol Use in Pregnancy	X	CDC
Labor, Childbirth, and Post -Partum Issues				
	16A	Signs of Preterm Labor Palmcard		March of Dimes
	16A	Help Fight Premature Birth Palmcard		March of Dimes
	16A	Signs of Preterm Labor Flyer	X	Childbirth Graphics
	16B	How To Do Selp-Palpation	X	Childbirth Graphics
	16C	Signs of Preterm Labor		March of Dimes
	16C	Miscarriage		Noodle Soup
	16D	Cesarean Birth		March of Dimes
	16D	Childbirth		ETR Associates
	17A	Baby Blues		ETR Associates
	17A	More Than Just the Blues		Association of Perinatal Networks
Newborn Care				
	18A	Newborn Tips		ETR Associates
	18A	Newborn Care		March of Dimes
	18B	Newborn Screening		March of Dimes
	18B	Premature Birth: A National Crisis		March of Dimes
	18C	Caring for Your Baby (booklet)		Channing Bete
	18D	Swaddling Your Baby	X	Childbirth Graphics
	19A	Newborn Jaundice	X	Childbirth Graphics
	19B	Cord Care	X	Childbirth Graphics
	19C	Circumcision Care	X	Childbirth Graphics
	19D	Crying/Colic: Hints For Soothing Your Crying Baby	X	Childbirth Graphics

# Requested	Slot	Title	Available in Spanish	Publisher
	20A	Bathing Your Baby: Bath Time Can Be A Wonderful Time For You & Your Baby	X	Childbirth Graphics
	20B	Best of Care: Bathing & Diapering	X	iVillage
	20C	Stress & Your Baby		ETR Associates
	20D	Diaper Rash		Noodle Soup
Infant and Child Development				
	21A	Step-By-Step As Your Child Grows: 2-3 Months		Noodle Soup
	21B	Step-By-Step As Your Child Grows: 4-6 Months		Noodle Soup
	21C	Step-By-Step As Your Child Grows: 7-9 Months		Noodle Soup
	21D	Step-By-Step As Your Child Grows: 10-12 Months		Noodle Soup
	21D	Step-By-Step As Your Child Grows: 13-15 Months/19-21 Months/22-24 Months		Noodle Soup
	22A	It's Time to Change How We View a Child's Growth	X	CDC
	22B	It's Time to Change How We View a Child's Growth (1/2 sheet)	X	CDC
	22B	Your Amazing Baby: 0-3 Month Milestones		Noodle Soup
	22C	Your Amazing Baby: 4-6 Month Milestones		Noodle Soup
	22C	Your Amazing Toddler: 1 Year To 18 Month Milestones		Noodle Soup
	22D	Your Amazing Toddler: 10 Months To 2 Years Old Milestones		Noodle Soup
	23A	Milestone Moments (booklet)	X	CDC
	23B	(Developmental Milestones) Indicadores del Descarrollo	X	CDC
	23C	Track Your Child's Developmental Milestones	X	CDC
		<i>Posters also available for this title (Max 5).</i>		
	23C	(Track Your Child's Developmental Milestones) Siga de Cerca los indicadores del desarrollo de su Niño	X	CDC

# Requested	Slot	Title	Available in Spanish	Publisher
Breastfeeding and Infant Nutrition				
	1E	Nursing In Public		Breastfeeding Advocacy Network Inc.
		<i>Posters also available for this title (Max 5).</i>		
	1E	Time To Feed Your Baby: Breastfeeding Positions & Tips		
	1F	Moms-To-Be: Know Your Rights In The Hospital	X	NYS DOH WIC Program
	1F	NYS Laws Support Your Decision to Breastfeed Your Baby		NYS DOH WIC Program
	1G	CNY Breastfeeding Connection Community Resource Guide		REACH CNY
	1H	Breastfeeding: Why Not Give It A Try? (Booklet)		NYS DOH WIC Program
	2E	Breastfeeding: For My Baby. For Me. (Booklet)		NYSDOH
	2F	The ABCs of Breastfeeding Benefits		Childbirth Graphics
	2F	Taking Care of Your Breasts		ETR Associates
	2G	Various Breastfeeding Brochures		
	2H	Bottlefeeding Your Baby		Childbirth Graphics
	3E	Nutritoin For Your Baby	X	ETR
	3F	How to Tell if Your Baby is Hungry	X	Childbirth Graphics
	3G	Los Primeros Doce Meses	X	NYSDOH
Infant Health				
	5E	Helping Your Sick Baby		Noodle Soup
	5F	When Your Baby's Sick		ETR Associates
	5G	Vaccinations		March of Dimes
	5G	Vaccinations to Protect Your Baby		March of Dimes
	5H	Taking Your Child's Temperature	X	Childbirth Graphics
	6E	Caring For A Cold		Noodle Soup
	6E	Managing Your Child's Fever	X	Childbirth Graphics
	6F	Diarrhea: Birth through childhood		Noodle Soup
	6F	Diarrhea and Vomiting	X	Childbirth Graphics
	6G	Ear Infection	X	Childbirth Graphics
	6H	Croup: Laryngotracheobronchitits	X	Childbirth Graphics
	7E	Thrush	X	Childbirth Graphics
	7F	Teething	X	Childbirth Graphics
	7G	Lice		Noodle Soup
	7G	Childhood Asthma		Noodle Soup

# Requested	Slot	Title	Available in Spanish	Publisher
Safe Parenting, Shaken Baby Syndrome, SUDI/SIDS				
	8E	(Shaken Baby Syndrome) Síndrome de Sacudir al Bebe	X	Noodle Soup
	8E	Shaken Baby Syndrome		NYS DOH
	8F	Safe Sleep for Your Baby		NYS DOH
	8F	Safe Sleep for Your New Baby		REACH CNY
	8G	Babies Sleep Safest on Their Backs		National Institute of Child Health & Human Development
	8G	Safe Sleep For Your Baby: Reduce The Risk of Sudden Infant Death Syndrome (SIDS)	X	National Institute of Child Health & Human Development
	8H	(I Need to Sleep...) Necesito Dormir Boca Arriba	X	National Institute of Child Health & Human Development
	8H	Spanish Back to Sleep Door Knob	X	National Institute of Child Health & Human Development
	9E	Keeping Sleeping Babies Safer		NYS Office of Children and Family Services
	9E	Face Up to Wake UP		CJ Foundation for SIDS
	10E	Safety for Your Baby	X	ETR Associates
	10E	Playing with Babies, Birth to 6 months		Noodle Soup
	10F	Mama: Make Me Safe (Inside & Out)	X	Childbirth Graphics
	10F	Stress & Parenting		Journeyworks Publishing
	10G	Positive Parenting: The Importance of Routines	X	Noodle Soup
	10G	Temper Tantrums		Noodle Soup
	10H	Discipline For Your Child	X	Noodle Soup
	10H	Discipline For School-Aged Children	X	Noodle Soup
	11E	Ten Things To Do Instead of Yelling or Hitting	X	Noodle Soup
	11E	Think Before You Spank	X	Noodle Soup
	11F	Positive Parenting: Getting Your Little One To Bed		Noodle Soup
	11F	Nightmares & Night Terrors		Noodle Soup
	11G	Tips For Shopping With Your Child		Prevention Information Resource Center
	11G	Shopping With Your Children		Noodle Soup
	11H	Serving Size Tips		ETR Associates
Fatherhood				
	13E	A Driver's Manual For New Dads		NYS DOH
	13F	Becoming a Dad	X	March of Dimes
	13G	New Dad Tips		ETR Associates
	13G	5 Baby Steps To Being A Dad		ETR Associates
	13H	5 Baby Steps To Being A Dad		ETR Associates
	13H	Men Have Babies Too		March of Dimes

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	14E	Establishing Paternity: What You Should Know About Establishing Paternity For Your Child	X	NYS DOH
	14E	Coaching Boys into Men	X	Family Violence Prevention Fund
	14F	(Fathers and the Law) Los Padres Y La Ley	X	NYS DOH
Domestic Violence and Child Abuse Prevention				
	15E	Domestic Violence: Finding Support & Safety		NYS DOH
	15F	Are Your & Your Baby Safe?	X	NYS DOH
	15F	Recognizing The Signs & Symptoms of Child Abuse/Neglect		United Feature Syndicate Inc.
	15G	After A Sexual Assault		NYS DOH
	15H	Emergency Contraceptive For Rape Survivors		NYS DOH
	15H	Radar: A Domestic Violence Intervention (FOR PROVIDERS)		Massachusetts Medical Society
Teen Issues				
	17E	A Teen's Guide To STDs		Journeyworks Publishing
	17E	What Does It Mean To Be Gay, Lesbian, Bisexual or Transgender?		Journeyworks Publishing
	17F	Saying No If You've Had Sex Before		Journeyworks Publishing
	17F	How to Say No and Keep Your Boyfriend		Journeyworks Publishing
	17G	Real World: Dating An Older Guy		ETR Associates
Sexually Transmitted Infections				
	1I	Hepatitis C Prevention		Department of Health & Human Services
	1I	Lex's Guide To Tattoo & Body Piercing Safety		Journeyworks Publishing
	1J	Sexually Transmitted Infections: What Are They & How Can You Protect Yourself?		Planned Parenthood of the Rochester/Syracuse Region Inc.
	1J	21st Century STD		ETR Associates
	1K	Incredible STD Facts		ETR Associates
	1K	STDs Testing & Screening		Journeyworks Publishing
	2I	STD Mom-To-Be: Protect Yourself & Your Baby		ETR Associates
	2I	STDs & Oral Sex		ETR Associates
	2J	STDs and Pregnancy	X	CDC
	2K	STD & HIV Facts: Sexually Transmitted Diseases	X	NYS DOH
	3I	What You Need To Know About The Links Between HIV & STDS		NYS DOH

# Requested	Slot	Title	Available in Spanish	Publisher
	3I	Expanded Syringe Access Demonstration Program (ESAP)		NYS DOH
	3J	What Does YOUR Needle Look Like?		NYS DOH
	3J	Bacterial Vaginosis: What Women Need To Know		NYS DOH
	3K	Chlamydia: The Silent Threat		NYS DOH
	4I	Gonorrhea: More Serious Than You Think		NYS DOH
	4I	Herpes: What 45 Million People Need To Know		NYS DOH
	4J	Syphilis: Do You Know What To Look For?		NYS DOH
	4J	Trichomoniasis: A Common, Curable STD		NYS DOH
	4K	Bacterial Vaginosis: The Facts		CDC
	5I	Genital Herpes: The Facts		CDC
	5J	Trichomoniasis: The Facts		CDC
	5K	PID: Pelvic Inflammatory Disease		ETR Associates
HIV/AIDS				
	7I	Your Health: Check It Out		The GlaxoSmithKline Group of Companies
	7J	Ask Yourself These Questions		The GlaxoSmithKline Group of Companies
	7K	Reason To Get An HIV Test	X	NYS DOH
	8I	Reasons To Get An HIV Test		NYS DOH
	8I	ADAP Plus: Medical Care For People With HIV		NYS DOH
	8J	Anyone Can Get AIDS. Learn How To Stay Safe: HIV & AIDS Facts		NYS DOH
	8K	It's Time To Live: HIV & Smoking		NYS DOH
	9I	Food, Health & You: Living With HIV		NYS DOH
	9J	Important News: For Mothers About Your Baby's HIV Test	X	NYS DOH
	9K	Protect Yourself and Your Baby from HIV and AIDS		NYS DOH
	10I	There's Something I Need to Tell You (HIV/AIDS Partner Notificacion) Booklet		NYS DOH
	10J	Talking with Young People About HIV and AIDS (Booklet)		NYS DOH
	10K	Women and HIV: A Call to Women of Color		NYS DOH

# Requested	Slot	Title	Available in Spanish	Publisher
Men's Health				
	12I	Men & Safer Sex: Take Charge		ETR Associates
	12I	Men: Protect Your Sexual Health		ETR Associates
	12J	Men & Self-Exam: Take Charge		ETR Associates
	12J	Men & Eating Disorders: Take Charge		ETR Associates
	12K	Men's Health: What's Normal, What's Not		ETR
General Health and Healthcare Issues				
	14I	Poison Control Center Phone Sticker		
	14I	Poisonous Plants		Upstate NY Poision Control Center
	14I	Child Care Poison Prevention Guide		Upstate NY Poision Control Center
	14J	Eating Well with No Time and No Money		ETR Associates
	14J	Getting Fit with No Time and No Money		ETR Associates
	14K	Antibiotics		ETR Associates
	14K	Keepin' Clean		ETR Associates
	15I	Eat Good Food (Living with Diabetes)	X	ETR Associates
	15I	Get the Facts (Living with Diabetes)	X	ETR Associates
	15J	Child Health Plus and Medicaid Booklet		NYS DOH
	15K	Medical Home: How can I get the best care for my child?		NYS DOH
	15K	Family Health Plus		NYS DOH
Smoking and Other Substance Abuse				
	17I	Secondhand Tobacco Smoke and Children's Health		Office of Environmental Health Hazard Assessment
	17I	To My Parent, I'm Counting On You...		The Learning Curve of Weingart Desing
	17J	Smoking and Diabetes		ETR Associates
	17J	Smoking, Diabetes & Your Health		Journeyworks Publishing
	17K	If You Live With A Smoker		Journeyworks Publishing
	17L	How To Help A Friend Or Family Member Quit Smoking		Journeyworks Publishing
	18I	Ecstasy & Other Club Drugs		Journeyworks Publishing
	18I	Drug Facts	X	ETR Associates
	18J	Extended Syringe Access Demonstration Program		NYS DOH
	18J	A Healthy Start: Drug and Alcohol Information Everyone Should Know		Saskatchewan Institure on Prevention of Handicaps

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Dental Health and Oral Care				
	19I	Prevent Diabetes Problems: Keep Your Gums & Teeth Healthy		National Institute of Diabetes & Digestive & Kidney Diseases
	19I	Diabetes: Dental Tips		National Institute of Dental & Craniofacial Research
	19J	Two Healthy Smiles: Tips to Keep You and Your Baby Healthy		National Maternal and Child Oral Health Resource Center
	19J	How Does Your Oral Health Affect Your Baby		Arizona Department of Health Services
	19K	Dental Sealants		NYS DOH
	20I	A Healthy Mouth For Your Baby (booklet)	X	National Oral Health Information Clearinghouse
	20J	Baby Bottle Tooth Decay		Noodle Soup
	20J	Taking Care of Young Children's Teeth		Noodle Soup
	20K	A Message for Parents: Oral Health		Colgate Palmolive
	20K	For Pregnant Women: 6 Ways to a Healthy Mouth		Colgate Palmolive
	20K	Protect Your Baby's Precious Smile		NYS Dental Association
	21I	Kid Care: Healthy Teeth		ETR Associates
	21J	Are You Passing Tooth Decay to Your Baby (first year)		Arizona Department of Health Services
	21J	Are You Passing Tooth Decay to Your Baby (age 1-3)		Arizona Department of Health Services
	21K	Protect Your Baby's Smile (0-6 months)		Colgate Palmolive
	22I	Protect Your Baby's Smile (6-18 months)		Colgate Palmolive
	22J	Protect Your Toddler's Smile (18-24 months)		Colgate Palmolive