

Video Library Directory

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Video Lending Directions

1. **Select the video(s)** that you are interested in borrowing.
2. **Record your information in the sign-out book** on the library desk in the lending log section. Include the following information:
 - **Today's Date.**
 - **The video number.**
 - **Your name, organization, and phone number.**
 - **Your e-mail address** if you have one.
 - **The date you expect to return it.** If no date is recorded, it is assumed that the item will be returned in two weeks. **You need to ask a staff member if you need more than two weeks.**
3. **Other times to get a staff member:**
 - **If you need any help or have any questions.** We would love to help you!
 - If you would like to **borrow more than four items** (including books and support items).
 - **If you believe an item is unavailable or can't find it.**
 - **If you have any suggestions** for items that you think we should purchase.
4. If you **need more time** after you have already borrowed the item, **give us a call at 424-0009!**
5. When you return the video(s), have a staff member record it in the sign-out book.

Thank you for using our resource library!

Video List and Description by Topic *Family Ties Network Resource Library as of 3/15/2010*

Abuse, Domestic Violence

Ref#	Title	Subject	Length	Audience
149	You're Hurting Me Too! Children and Domestic Violence	This video examines the damaging effects that domestic violence has on children. A variety of documentaries explain the social, emotional, psychological and physical strains which result from domestic abuse. A range of professional individuals from community settings speak on their experiences in this area.	Approx. 24 Minutes	Older children and women of domestic abuse. Domestic violence groups.
192	Domestic Violence: Behind Closed Doors	Domestic violence and its impact	28 Minutes	Families who are in abusive situations.
227	Portrait of Promise: Preventing Shaken Baby Syndrome	This video features three families whose lives have been devastated by Shaken Baby Syndrome. Dr. Carol Levitt address the damaging effects and offers insight on prevention. 1995	11 Minutes	People who care for infants.

Adolescent Issues (Including Pregnancy)

17.2	Someday I Might Be a Parent	Teens research pregnancy and birth defects to find that a large number of unhealthy babies could have been born healthy if their mothers had made better decisions during pregnancy. Topics such as alcohol, drugs, smoking, exercise and maintaining a healthy diet are approached. This video is intended to provide young females of reproductive age with information about how they should be taking care of their bodies.	14 Minutes	Adolescents and their parents
96.1	Pregnancy Teens: Taking Care	This video provides girls with information about what they should do if they ever suspect that they may be pregnant by following two teens as they progress through the same situation. The girls discuss their thoughts, emotions, fears and experiences. Teens are taught to visit a clinic or doctor as soon as pregnancy is suspected and are taught the importance of maintaining a healthy lifestyle throughout pregnancy	22 Minutes	Pregnant teen parents, adolescents, parents and educators
98.1	Just a Beginning: Prenatal Care for Teens Outdated?	Teenage girls discuss issues such as prenatal office visits, nutrition, exercise, alcohol, smoking, drugs and STD'S. Although the message is good, it is an outdated film that may not hold the attention of its intended teenage audience.	20 Minutes	Adolescents, expecting teen parents, parents and educators
99.1 99.2 99 S	Labor and Delivery for Teens	Intended for an audience of pregnant teenage girls, this video prepares the viewer for labor and delivery by following two teens through their own experiences. The film provides descriptions and explanations of what exactly occurs during labor and delivery and offers the viewer the opportunity to watch the birthing process as these two teens experience it. Although intended for expecting teen moms, this video would be likely to act as an educational deterrent for teenagers at risk for pregnancy.	Approx. 30 Minutes	Adolescents, expecting teens both mother and father, parents, educators
245.1 245.2 245 S	Teen Breastfeeding: The Natural Choice: Why Breastfeed?	Upbeat and positive, this video motivates teens to breastfeed. A diverse group of breastfeeding teen mothers present their own experiences of fitting breastfeeding into an active teen life that includes school, work and social time. Facilitators Guide CUR 50.1& 50.2	23 Minutes	Expectant and parenting teens

246 246 S	Teen Breastfeeding: The Natural Choice: Why Breastfeed and Starting Out Right DVD (English)	2 Volumes on one DVD. Teens learn proper breastfeeding techniques from a lactation specialist working with a young mother. Heartfelt testimonials from breastfeeding teens, fun facts, and expert advice engage viewers and instruct them in how to overcome common challenges and to breastfeed successfully. Facilitators Guide CUR 50.1& 50.2	35 Minutes	Expectant and parenting teens
262	Working With Teens (and Young Adults) Pregnant or Parenting: Vol. 1 For Parents	Volume I - For Parents of Teens Real Parents and Guardians discuss the joys and challenges of parenting. They offer genuine compassion and honest perspective to help guide other parents through this emotional time. Parents and guardians discuss: <ul style="list-style-type: none"> • Dealing with the news of the teen's pregnancy • Communication styles that work • Support - Financial and Emotional • Discipline: Whose in charge? • Involving the baby's father 	17 Minutes	Parents of Teens
263	Working With Teens (and Young Adults) Pregnant or Parenting: Vol. 2 For Teens	Volume II - For Teens This Volume offers teens a way to connect with other teens facing pregnancy and parenting. A cast of diverse teen parents with unique circumstances, discuss their fears, the ways in which their lives have changed, the joys their children have brought them, and their plans for the future. Keen perspectives from teen fathers offer a refreshing view of parental responsibility.	19 Minutes	Teens
264	Working With Teens (and Young Adults) Pregnant or Parenting: Vol. 3 For Educators and Caregivers	Volume III – For Educators and Caregivers Jeanne Lindsay, author and expert on teen pregnancy and parenting issues, along with other practitioners, present practical tips for developing and maintaining a successful program. Topics include: <ul style="list-style-type: none"> • How to recruit for pregnancy/parenting programs • Encouraging teens to stay in school and on track • Ways to help ensure that babies are born healthy 	24 Minutes	Educators and Caregivers of Teens
266	A Walk In Your Shoes: Teen Parent	The N, the nighttime programming for teens on the NOGGIN network (owned by Nickelodeon), created a special episode of their documentary series, "A Walk in Your Shoes" in which two teen couples switch lives for a day and learn about teen parenting. The video was awarded a Shine Award in October 2003 and a Beacon Award in March of 2004.	25 Minutes	Teens
268	Fathers Too Soon	In coordination with the Channel One Network, the National Campaign has developed two three-part educational videos based on a series originally created and aired on the Channel One Network. The videos, "Mothers Too Soon" and "Fathers Too Soon" explore the lives of several teen parents. Each video provides a first-hand look at how a teen pregnancy impacts the lives of these teens, their children and families. The National Campaign provides a discussion guide created for each video to help program leaders, teachers, parents and young people explore in greater depth the issues raised in the videos.	15 Minutes	Teens
277	Children of Children: Portraits and stories of Teenage Parents	Brief overview of the Children of Children Art exhibit. Includes testimonials from current and past teen parents.	8 Minutes	All Audiences

278.1	Your Baby's First Year: Volume 1 Nurturing Your Newborn	Teens talking to teens, sharing techniques for loving care. Video covers: Bonding with baby, feeding, breastfeeding, soothing fussy infants, dealing with tiredness, diaper rash, playing, impossibility of spoiling an infant. Teacher's Guide available 278.5 or 278.6 (duplicate copies) Workbooks and Curriculum available in Books Section of Family Ties Network Library.	15 Minutes	Teens
278.2	Your Baby's First Year: Volume 2 She's More Active	Teens talking to teens, sharing techniques for loving care. Video Covers: Developmental Changes, Starting solid food, Reading and talking to baby, satisfying a baby's need to explore, childproofing, signs of teething Teacher's Guide available 278.5 or 278.6 (duplicate copies) Workbooks and Curriculum available in Books Section of Family Ties Network Library.	14 minutes	Teens
278.3	Your baby's First Year Volume 3 Leaving Baby Stage Behind	Teens talking to teens, sharing techniques for loving care. Video Covers: "She's into everything!", development of memory, dealing with stranger anxiety, developing bedtime routine, playing with baby, choosing toys, freedom to explore Teacher's Guide available 278.5 or 278.6 (duplicate copies) Workbooks and Curriculum available in Books Section of Family Ties Network Library	15 minutes	Teens
278.4	Your baby's First Year Volume 4 Keeping Your Baby Healthy	Teens talking to teens, sharing techniques for loving care. Video covers: recommended immunization schedule, signs of allergies and possible causes, causes and treatment of ear infections, helping sick babies feel more comfortable, dealing with diarrhea and constipation, calling healthcare providers. Teacher's Guide available 278.5 or 278.6 (duplicate copies) Workbooks and Curriculum available in Books Section of Family Ties Network Library	12 minutes	Teens
305	Hope is Not a Method	Provides a brief overview of all contraception methods available to both women and men.	19 Minutes	All Audiences
310	Body Talk 2	Body Acceptance issues for ages 8 – 11. Video helps to empower people of all ages, especially youth to celebrate their natural size and shape instead of what society promotes as the ideal body	20 Minutes	Youth
311	Body Talk 3	This video teaches children that health can come at any size, to eat when they are hungry and stop when they are full.	20 Minutes	Youth
313	Reality Matters: Cruel Schools DVD	Taunting, teasing and the playground brawls used to be considered child's play. The schoolyard bully was just another rite of passage in adolescent life. Times have changed. Students and experts say bullying is the first step in a continuum of school violence that can escalate to murder.	30 minutes	Youth, Parents, Educators

314	Reality Matters: Obesity and Nutrition DVD	Teenagers have always been drawn to junk food, but more than ever, today's teens and suffering at the hands of less active lifestyles and unhealthy eating habits. Explore America's culture of obesity and its contributing factors – along with ways to help kids make healthier choices.	30 Minutes	Youth, Parents, Educators
320	Just a Beginning: Prenatal Care for Teens	What is it like to be a teenager and to discover that you are pregnant? How do you tell your parents? What will their reaction be? This dvd addresses these questions and much more. The program features pregnant teenagers sharing their sincere and compelling concerns and experiences	20 Minutes	Educators, Parents, Teens
322	Healthy Steps for Teen Parents	Explores pregnancy, birth and postpartum from a unique teen viewpoint. 3 volumes on one dvd feature real teens talking of their pregnancy experiences. Facilitator's Guide included	75 minutes	Educators, Parents, Teens
327	Science of Sex: Different By Design Part One	Why have two different sexes if other species have survived with just one? This program looks at the hormonal cascade that happens in adulthood, culminating in sexual reproduction, and the many advantages conferred by the resulting genetic variety. The effects of estrogen and testosterone and the physiology of sex are seen through a number of fascinating experiments and examples.		Educators, Parents, Teens
328	Science of Sex: Different By Design Part Two	Why have two different sexes if other species have survived with just one? This program looks at the hormonal cascade that happens in adulthood, culminating in sexual reproduction, and the many advantages conferred by the resulting genetic variety. The effects of estrogen and testosterone and the physiology of sex are seen through a number of fascinating experiments and examples.		
329	Anatomy of Sex	As one young couple settles down to start a family, learn how biological and evolutionary forces conspire to keep the human race running. Our bodies work in specific, subtle ways for one reason only: making more humans. Travel inside the body to see what happens to both men and women when attraction occurs and when orgasm finally ensures the possibility of replicating ourselves. Learn why humans are one of only 3% of all mammal species that require both a male and a female for care giving. And discover the evolutionary significance behind the fact that humans mate front to front, when all other species prefer front to back.	50 minutes	Educators, Parents, Teens
330	The Body Story: Spreading Menace & Teen Dreams	(The episode "Spreading Menace" is not related to puberty, but to bacterial infections.) Teen Dreams Follow the flow of hormones – from pituitary glands on through the bloodstream – of two young teens, Darren and Natalie, as the dramatic effects of puberty unfold. The month culminates with Natalie's first menstruation and a weekend party – during which Darren's body seemingly does everything it can to ruin his chances with Natalie.		Educators, Parents

AIDS/HIV				
298	Fire in Our House	Video illustrates the impact that needle exchange programs have had on users, their families and their communities.	10 Minutes	All audiences
306	STD Resources	CD-ROM from the CDC, includes: Treatment guidelines, 2002 Surveillance Reports, Fact Sheets and slides.		Professionals, students, etc. Contains graphic images.
Breastfeeding, Nutrition and Exercise				
15.1 15.2 S	Breastfeeding Your Baby: Positioning Amamantando a su Bebe: Colocacion	This video provides helpful instruction for the three basic steps for proper positioning during breastfeeding: positioning baby, offering the breast and latching on are explained by Lactation Consultant Chele Marmet.	15 Minutes	Expectant and new mothers and their families
46 46 S	A Healthier Baby By Breastfeeding, The ABC's of Childcare	This video explains the benefits of breastfeeding, both nutritional and the bonding aspect. This tape shows how to start right, make plenty of milk and where to get other assistance.	20 Minutes	New and expectant parents
68	Ineffective Breastfeeding	Assisting Moms to breast-feed effectively. This video discusses latch on, engorgement, positions, and feeding behaviors.	23 Minutes	New parents, Women have problems breastfeeding
125	Breastfeeding the Pre-term Infant: A positive Approach	Detailed discussion of breastfeeding preterm infants including hand and electric expression of milk and cup feeding. Ameda/Egnell Corporation. Hollister Inc.	18 Minutes	Parents of pre-term infants.
139	Breastfeeding: Coping With the First Week	Filmed in England, this video takes us through the first week of breastfeeding as mothers share emotional and practical aspects of their experiences. Main points featured are; the baby's first feed, putting the baby to the breast, how the baby gets milk from the breast, feeding in public, knowing if the baby is on the breast properly, and getting help with breastfeeding. Mark-It-Television, 1996.	30 Minutes	Expectant and new parents
140	Breastfeeding: Dealing With the Problems	Filmed at the Oxford Breastfeeding Clinic in Oxford, England, this program addresses specific problems with breastfeeding including; failure to thrive, difficult attachment, sore, damaged nipples and colic. Mothers are helped to improve their techniques of feeding and provided with explanations of the underlying principles of successful breastfeeding. Mark-It-Television, 1997.	24 Minutes	Expectant parents and new parents, those experiencing breastfeeding problems.
153.1	Yes, You Can Breastfeed	This video discusses three steps for breastfeeding; positioning, offering breast and latching on. The role of the baby and the baby's suctioning action, <input type="checkbox"/> olostrums, how to breastfeed, the frequency in which to nurse, the body's natural response, milk production, nursing comfort and the length of time in which to breast-feed are all emphasized throughout this short yet highly informative video. Texas Dept. of Health, 1995.	Approx. 13 Minutes	Pregnant women and their families, new parents.
154.1 154.2	Breastfeeding-You Can Make the Difference	The goal of this video is for health care workers to promote breastfeeding in a clinical setting. An outline is provided as to the layout by which breastfeeding can be accomplished through; early discussion, positivity, advertising, advice and praise/support. Documentaries focus on the benefits of breastfeeding while interview and classroom technique examples are provided. Video also touches upon cultural and work issues while breastfeeding. Texas Dept. of Health, 1990.	Approx. 12 Minutes	Health care providers

155.1 155.2 155.1 S 155.2 S	Breastfeeding & Working-It's Worth the Effort	This video discusses the challenges that accompany breastfeeding. Mothers discuss the rewards of breastfeeding and that breastfeeding can be continued even after returning to work. Areas which are specifically discussed are breast feeding time (during breaks & lunch), breast pump options (manual, electric, battery, etc.), locations for breastfeeding while at work, breast milk storage at work and organizations which can help you with questions or problems relative to breastfeeding. Texas Dept. of Health, 1994.	Approx. 12 Minutes	Pregnant women, new mothers
157.1 157.2 157.1 S 157.2 S	Breastfeeding & the Family	An excellent video that highlights three families and the issues that arose among family members as the result of breastfeeding. Specific areas focused upon were; no support from family members, sibling jealousy, husband jealousy and the initial shock of breastfeeding. Typically, family members accepted the idea of breastfeeding once they got used to it or saw the mother/child bond that had been created. A noted occurrence among some Grandparents was that they wish they or their wives had breastfed their children. Texas Dept. of Health, 1997.	Approx. 14 Minutes	Expectant and new parents, grandparents and members of both the immediate and extended family.
158.1	Why Don't They Breast Feed?	Health professionals highlight the barriers that discourage women from breastfeeding. These being the lack of confidence, embarrassment, loss of freedom, diet and health, and the influence of family and friends. The video explains that a health professional's role in this area is to "listen, observe, validate, educate and empower expectant or new parents in the area of breastfeeding". Texas Dept. of Health, 1997.	Approx. 21 Minutes	Expectant and new parents, health professionals
166	The Clinical Management of Breastfeeding for Health Professionals: Part 2	This video contains five modules which identify the specific roles health professionals can play to motivate and support breastfeeding. The five modules are as follows; prenatal care, labor and delivery, mother/baby care, postpartum follow-up, pediatric/well baby care. Vida Health Communications, 1999.	57 Minutes	Health professionals familiar with basic breastfeeding.
174	Breast Is Best	"About mother's milk, breastfeeding and early contact with the newborn; What makes mother's milk the ideal food for newborns. How do you get breastfeeding off to the best start and how do you deal with common problems that may arise? How can parents give their newborn the gentlest possible start in life outside the womb?" Gro Nylander, coordinator of the Baby-Friendly Hospital Initiative in Norway.	35 Minutes	New mothers, women uncertain about breastfeeding
176	Breasts and Breastfeeding Common Early Concerns	Karin Cadwell, PhD, RN, IBCLC. Health Education Associates Inc., 1999. Deals with inverted nipples, engorgement, breast problems and mastitis.	15 Minutes	Health Professionals, new mothers and any person considering breast feeding.
187	WellStart International Investing In The Future: Women, Work and Breastfeeding	This video discusses that when support, time, and space for breastfeeding were provided, punctuality and productivity were improved which in turn boosted the company's image.	16 Minutes	Employers, employees and breastfeeding families.
245.1 245 S	Teen Breastfeeding: The Natural Choice: Why Breastfeed?	Upbeat and positive, this video motivates teens to breastfeed. A diverse group of breastfeeding teen mothers present their own experiences of fitting breastfeeding into an active teen life that includes school, work and social time. Facilitators Guide CUR 50.1& 50.2	23 Minutes	Expectant and parenting teens

246 246 S	Teen Breastfeeding: The Natural Choice: Starting Out Right	Teens learn proper breastfeeding techniques from a lactation specialist working with a young mother. Heartfelt testimonials from breastfeeding teens, fun facts, and expert advice engage viewers and instruct them in how to overcome common challenges and to breastfeed successfully. Facilitators Guide CUR 50.1& 50.2	35 Minutes	Expectant and parenting teens
249	Being Active During and After Pregnancy Program One of <i>Active Me, Healthy Me</i> (Three Part Series)	This program emphasizes the many health benefits (emotional and physical) of being active for both the pregnant and post-partem mother ... and her new baby! It includes practical advice on how to incorporate activity into your daily routine, as well as, helpful tips on how to use your body safely while being active. Nutrition information is provided that helps the viewer make good choices for eating right. Handouts and Teachers Guide can be downloaded from http://www.agcmedia.com or use CUR 55	13 Minutes	Pregnant women and parents of newborns
250	Being Active as a Family Program Three of <i>Active Me, Healthy Me</i> (Three Part Series)	This program implores parents to establish life-long habits that encourage all members of the family to restructure their day to include more physical activity. An active family that eats together, plays together, and does chores together will spend less time sitting in front of the television, computer screen, or video game.. Best of all, this does NOT have to take more time out of your day ... and it's FUN! Handouts and Teachers Guide can be downloaded from http://www.agcmedia.com or use CUR 56 and 57	13 Minutes	Parents and Families, Childcare Providers
261	A Premie Needs His Mother: First Steps to Breastfeeding Your Premature Baby I & 2 (Two Videos)	Told mainly through the stories of mothers of premature babies, this video is a comprehensive guide to: <ul style="list-style-type: none"> • learning the benefits of breastmilk for the premature baby • techniques of breast pumping • transitioning the baby from tube feeding to breastfeeding •successful breastfeeding at home "A Premie Needs His Mother" is a two-part video packaged in a bookshelf sleeve cover. Part I ("The Benefits" and "Pumping", 35 min.), is intended for mothers who are about to, or have just delivered a premie, and Part II ("Transitioning to the Breast" and "Coming Home", 21 min.) should be watched just as soon as the baby is ready to be held.	Part 1: 35 Minutes Part 2: 21 Minutes	Parents, Professionals
326	Super Size Me	In Super Size Me, filmmaker Morgan Spurlock unravels the American obesity epidemic by interviewing experts nationwide and by subjecting himself to a "McDonald's Only" diet for thirty days straight.	100 Minutes	Parents, Educators, Teens

Childbirth

53.2	Pregnancy 38 Weeks-Labor	This video discusses exercise while pregnant, false labor, labor, delivery, recovery, and postpartum. Video explains how you should plan ahead and get good care.	21 Minutes	Expectant parents and anyone contemplating pregnancy
55	Birth- Prepared Childbirth & C-Section	This videos shows a natural childbirth, a c-section and the first pediatric evaluation.	23 Minutes	Expectant parents and educators
75	Childbirth From the Inside Out Part II	Delivery and the post-natal period	72 Minutes	Expectant parents, parents and educators

77	Comfort Measures For Childbirth	Techniques and positions to reduce pain and enhance labor , as well as transition breathing and difficult stages of labor.	40 Minutes	Expectant parents and educators
97	A Birth Class Focus on Labor and Delivery	Labor and delivery information	115 Minutes	Expectant parents, anyone contemplating pregnancy and educators
128 S	Practicando Para Dar Luz	Features 3 expectant couples from diverse Spanish speaking countries being instructed in relaxation, breathing and pushing. Practical information on breathing and pushing techniques for the expecting Hispanic family.	20 Minutes	Expectant parents
130 S	Dar A Luz Con Amor	Filmed in a doctor's office and hospital, shows an actual office visit, promotes prenatal care, then follows Liliana, as Enrique and the family support her as she gives birth. They are reminded throughout of the things learned during their prenatal classes allowing the viewer to better understand the importance of preparation, the role of a strong support system for the laboring woman while also learning ways of coping with an actual labor and delivery.	18 Minutes	Spanish speaking; expectant parents
180	Lamaze, You and Your Baby 2004 Edition	This video features breastfeeding, daily care, newborn behavior, postpartum information, traveling and interaction with new baby.	Minutes	Expectant and new parents.
288	Works of Wonder	Modular program designed to give educators the flexibility they need to teach about childbirth. Works of Wonder gives expectatnt parents a clear understanding of the physiology of birth and demonstrates methods for managing labor through the birth stories of real and diverse characters.	Approx. 90 minutes	Providers and parents
292	Understanding Birth: A Comprehensive Guide	This Two Tape set covers everything parents need to know about labor, delivery and birth. The set is intended for use as a multi-faceted classroom teaching aid, as well as a lending video for moms on bed rest and others unable to attend classes.	148 minutes	Educators, pregnant women
316	Stages of Labor DVD	3-D animation and non-technical narration make the stages of labor easy to understand. Combining detailed animation of the labor process, live birth footage, and parents describing their experience of labor and delivery, this video is an anatomy lesson and a birth story all in one. Facilitator's Guide Included		
317	Labor of Love Child Birth Classes	Labor of love is a unique experience in child brith education that prepares you for labor and delivery.	2 DVDs	Educators, Parents
318	Expecting Multiples	2 DVD set helps prepare & educate mothers for delivery, pregnancy and life with more than one baby.	2 DVDs	Educators, Parents

Child Development and Children with Special Needs

93.1	Dental Care For Kids	An adult guide to children's teeth; how they develop, the care they need and the diseases that can spoil a child's mouth. This video takes caregivers through each step of a child's development. It gives useful information about proper dental care from the prenatal period through the development of primary and permanent teeth.	30 Minutes	Parents and caregivers
122.2	Touchpoints: The Brazelton Study. Volume 1 Pregnancy, Birth and the First Weeks of Life	Dr. T. Berry Brazelton helps parents understand and advance their children's emotional and behavioral development. Topics include: What kind of parent will I be?; What will delivery be like?; What is included in newborn assessment; The importance of bonding; Calming a crying newborn; Becoming a family.		Expectant parents
138	Lizzie and the Baby: The Childbirth for Children Video	Created to introduce children ages 2 through 8 to the facts and feelings involved with the birth of a sibling, this video helps prepare for the upcoming birth and changes it will bring.	19 Minutes	Expectant parents and new parents, children of expectant parents
142	Equal Partners: African-American Fathers and Systems of Health Care	National Fathers Network presents an emotionally powerful and realistic discussion of the unique problems African-American men experience when raising children with special health care needs	26 Minutes	Care-givers, families with special needs children, high school students
228	Human Development – Birth to 2 ½: Cognitive Development	Discusses perception and then describes schemata and the research on habituation-dishabituation. Includes Piaget's theories of object permanence and the sensorimotor stage. Discusses memory and problem solving. Presents ways to facilitate a child's cognitive development. 1.5 CE	28 Minutes	Providers that work with children from birth to 2 ½ years and their families.
229	Human Development – Birth to 2 ½: Emotional and Social Development	Briefly describes Erikson's first 2 psychological stages. Then examines biological dispositions such as smiling, babbling, and following an adult's gaze. Discuss attachment, temperament, social responses such as stranger anxiety and separation anxiety, and the child's growing self-awareness. Presents also the child's development of the concept of right and wrong. 1.5 CE	25 Minutes	Providers that work with children from birth to 2 ½ years and their families.
230	Human Development – Birth to 2 ½: Language Development	Discusses the role of biology and environment in language development. Pre-language communication including turn-taking, "parentese," and intentional gestures by child is also presented. Illustrates infant's capabilities in language acquisition. Coing, babbling, expressive jargon and syncretic speech are also described along with the development of the two-word sentence. Presents practical suggestions for facilitating a child's language development. 1.5 CE	29 Minutes	Providers that work with children from birth to 2 ½ years and their families.
231	Human Development – Birth to 2 ½: Physical Growth and Motor Development	Discusses patterns and norms of development, physical growth, particularly that of the brain, environmental factors that influence growth and development, and the typical sequence of development. 1.5 CE	25 Minutes	Providers that work with children from birth to 2 ½ years and their families.
290	News About Newborns	A guide to newborn behavior and development. Remarkable footage captures the unique and responsive nature of every new baby and gives expectant parents the encouragement and information they need to appreciate the wonder of newborn talents and temperament.	22 minutes	Parents

Fathering

142	Equal Partners: African-American Fathers and Systems of Health Care	National Fathers Network presents an emotionally powerful and realistic discussion of the unique problems African-American men experience when raising children with special health care needs	26 Minutes	Care-givers, families with special needs children, high school students
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333	The Dad Difference: Volume 1 Baby Basics	This research based dvd shows dads how to be involved with their babies from pregnancy on! It features a diverse groups of fathers, candid comments and practical tips to inspire every dad to become more connected with their baby.	37 Minutes	Parents, Educators
334	The Dad Difference: Volume 2 Involved From the Start	This research based dvd shows dads how to be involved with their babies from pregnancy on! It features a diverse groups of fathers, candid comments and practical tips to inspire every dad to become more connected with their baby.	33 Minutes	Parents, Educators

Healthcare Issues

112	Transcultural Perspectives In Nursing-Improving Nurse/Client Effectiveness	Discusses specific guidelines for working with clients whose medical beliefs, practices, and attitudes toward health care differ significantly from those of the caregiver, emphasizing how to deliver optimal health. 1993 – 2 CE	28 Minutes	Health care workers, health professionals
113	Transcultural Perspectives in Nursing-Communications	Discusses verbal communication with clients. Includes guidelines for working with an interpreter and common errors which occur in this situation. Also discusses communicating with clients who speak English as a second language, highlighting techniques which increase the exchange of information. 1993 – 1.5 CE	20 Minutes	Health care workers, health professionals
114	Transcultural Perspectives in Nursing- Communications Part 2	Presents aspects of verbal and nonverbal communication, such as eye contact, gestures, expressions and communication styles, that go beyond vocabulary, grammar and verbal facility. Discusses communication with American Indian, Asian American, Latino and African-American clients. 1993 – 1.5 CE	19 Minutes	Health care workers, health professionals
115	Transcultural Perspectives in Nursing Assessments	Begins by discussing factors in assessment that may be influenced by a patient's ethnicity, including susceptibility to disease, normal biological variations, evaluating changes in patients with highly-pigmented skin and variations in drug actions and responses. Discusses areas in health care in which clients may experience difficulties, including expression of pain, modesty, visiting rules and diet. 1993 – 2 CE	26 Minutes	Health care workers, health professionals
201.1	Irrefutable Evidence	Researchers explain the value of random assignment as a technique for obtaining better evidence about program impacts.	20 Minutes	Anyone involved in research
330	Body Story: Spreading Menace/Teen Dreams	Spreading Menace While eating at a friend's birthday party, Mike ingests Salmonella bacteria and falls ill. Follow the trail of the invading microbes through the digestive system – from the mouth to the lower intestine – and examine the body's formidable arsenal of weapons designed to combat these tiny terrors. Teen Dreams Follow the flow of hormones – from pituitary glands on through the bloodstream – of two young teens, Darren and Natalie, as the dramatic effects of puberty unfold. The month culminates with Natalie's first menstruation and a weekend party – during which Darren's body seemingly does everything it can to ruin his chances with Natalie.		Parents, Educators, Teens

331	Body Story: The Beast Within and Crash	<p>The Beast Within Unravel the mysteries of the two most important organs in the human body – the heart and the brain. First, take a look at how frail the human heart is as an emergency team frantically works to save a heart-attack victim. Then, meet a man whose brain cannot correctly transmit signals – because he's consumed too much alcohol.</p> <p>Crash A husband and wife are critically injured in a car crash – he's unconscious and suffers from epileptic fits; she has a punctured lung and is left with a blood clot. See how the force of impact damages the delicate internal structures of their bodies – and how doctors work to repair their injuries.</p>		Parents, Educators, Teens
332	Body Story: Body Snatchers & Breaking Down	<p>Body Snatchers Go inside the bodies of two women whose natural systems each must deal with foreign organisms trying to control its host: a flu virus and a growing fetus. The body's reaction to and changes from each "invader" are truly remarkable.</p> <p>Breaking Down An 11-year-old girl with a broken arm and an 87-year-old man vividly illustrate the differences in the way a young body heals itself and the way an old one struggles. See how the body repairs itself after an injury – and how these very repairs lead to our eventual demise.</p>		Parents, Educators, Teens
346	Unnatural Causes: Is Inequity Making Us Sick?	A Four-hour documentary exploring racial and socioeconomic inequities in health		Parents, Educators. Healthcare professionals

High Risk Pregnancy and Pregnancy Loss

141	Unsung Lullabies	A look at very different stories of miscarriage. Women and men from Canada, the U.S. and England speak openly about how miscarriage affected them, their families and friends. Includes a discussion of the individual ways each came to terms with his/her loss, completed the cycle of grieving and began to look ahead with renewed hope.	47 Minutes	Families coping with a pregnancy loss
299	Saving Babies: Premature Birth	Produced By the March of Dimes	6 Minutes	Providers and Expectant Parents

Infant And Childcare (Including Immunizations)

56	The Newborn Baby (Baby Video Library, Humancare, Inc.	Deals with the two week newborn doctor visit, breast and formula feeding, burping, crying, sneezing, coughing, hiccups, bathing, the umbilical cord, weight gain, etc.	47 Minutes	Parents and caregivers
58.1	Childhood-The 4 Month Old Baby	Deals with the four month doctor visit, physical examination and questions, help for teething, the first dental visit, cleaning baby's teeth and mouth, fluoride, exercise, etc.	34 Minutes	Parents and caregivers

59	Childhood-The 6 Month Old Baby	Focuses on six month doctor visit, weaning and introduction to solid foods, day care, discipline, child abuse, etc.	22 Minutes	Parents and caregivers
60.2	Childhood-The 9 to 15 Month Old Baby	Video focuses on creeping, crawling, and walking as well as tantrums, fostering good behavior, discipline, self feeding, safety issues and poison prevention.	21 Minutes	Parents and caregivers
61.1	Childhood-The 15 to 18 Month Old Baby	Focuses on this time period of explosive learning and development, individuality, communication, meals, bedtime, discipline, safety, etc.	23 Minutes	Parents and caregivers
101	Infant & Toddler Emergency First Aid-Volume 1; "Accidents"	Detailed guidance for the prevention of common childhood accidents through careful surveillance of the home and child-proofing. Further discussion involves knowing how to prepare for injuries, how to assess or evaluate the severity of an injury, how to treat an injury and knowing when to call the doctor or emergency medical service. Proper use of car seats is also discussed. Apogee Productions Ltd., 1994 (Endorsed by American Academy of Pediatrics).	36 Minutes	Parents and expectant parents.
102	Infant & Toddler Emergency First Aid-Volume 2; "Illnesses"	Explains what to do when your child is confronted with fever, poisoning, seizures, dehydration, croup, choking and more. Also includes tips on childproofing your home, what signs and symptoms to report to your doctor or 9-1-1 operator, and reviews CPR techniques.	43 Minutes	Parents and caregivers
116	The First Two Years: What Lily Learned	Lily, a young mother, joins a support group of other new mothers. This program reviews the many major responsibilities of a mother during the first two years, including scheduling the child for regular check-ups, feeding, and checking for signs of illness. Also, mothers are told that it is important to take quiet time for themselves, and to slow down.	13 Minutes	
124	Touchpoints: The Brazelton Study. Vol. 3 One Year Through Toddlerhood	Topics included in the third volume of this series are: Discipline: teaching vs. punishment, setting limits and consistency, spoiling, teasing. Sibling rivalry: how to prepare for rivalries before the child's birth, why parents should stay out of sibling conflicts. Regression: Why does it occur? What can parents do? Toilet training: taking cues from your child; why not to pressure your child. Pipher Films Inc. , 1991.	50 Minutes	Parents of any stage.
126	The Baby Feeding Cup	Instructions on how to cup feed infants, including advantages and disadvantages. Ameda/Egnell Corporation. Hollister Inc.	Approx. 12 Minutes	Parents of pre and full term infants.
156.1	ABC's for Moms	This video is to provide guidance for mothers relative to regular health care, eating, sickness, bathing and car seats for their infant children. Providing patience and love to their infants is highly stressed at the onset of the video. Texas Dept. of Health, 1993.	Approx. 10 Minutes	Expectant and new parents.
258	SIDS: Parents Need to Know	Physicians Training created by New York State Center for Sudden Infant Death.	13 Minutes	Physicians
297	Dental Care for the Early Years: 0- 5	Parents and caregivers will learn about the importance of early dental health, nutrition, and the routines needed to prevent tooth decay in infants and young children. Includes ideas and routines for healthy snacking, how to on brushing and flossing, helpful tips on teaching children habits that promote cavity prevention and happy smiles for life.	15 minutes	Parents, caregivers

315	The Happiest Baby on the Planet	Learn how to calm a new baby's cries in minutes. This DVD highlights tactics to stimulate the calming reflex in babies and gives parents practical techniques to calm their babies.	128 minutes	Parents, caregivers, educators
321	Baby Bottle Tooth Decay	From the American Dental Association	5 Minutes	Parents, Educators

Parenting

49.1 49.1 S	Home Before You Know It de Regres en casa en un dos por Tres	Practical advice for expectant and new parents.	30 Minutes	New parents
62.1	Shaking, Hitting, Spanking: What To Do Instead Golpes Y Gritos Como Evitarlos	Four situations are presented: a stressed single parent with a crying baby at night, a toddler spanked for exploring his environment, an eight year old boy who refuses to come in for dinner and a dad whose daughter refuses to clean her room. After each scene there is an opportunity to turn off the video, consider the situation and brainstorm solutions. As the video continues, alternate strategies and techniques are presented.	30 Minutes	Parents, Grandparents, caregivers and anyone involved with the care of children
108.1	Discipline From Birth to Three: Guidelines for Avoiding Discipline Problems. Goes with Book: Teens Parenting- Discipline from Birth to Three	Designed to supplement the book, Teens Parenting-Discipline from Birth to Three, by Jeanne Warren Lindsay and Sally McCullough. This is a video about teens talking to teens, sharing techniques for teaching babies and toddlers. Includes the following ideas: Child-proofing is good discipline, yelling and spanking won't help a child learn, punishment is not a part of toilet-teaching, infants cannot be spoiled, babies must explore. The presentation is divided into four segments: Infant to 6 months, 6 months to 1 year, 1 year to 2 years and 2 years to 3 years	52 Minutes	Expectant parents, parents and teen parents of young children
169	An Everlasting Embrace; Caring for Our Children's Children	This video deals with epidemic of grandparents raising their grandchildren in an ever-changing society where the birth parents are not always the best care-givers. Conflicts and struggles that the grandparents are faced with are discussed throughout the video.	Approx. 20 Minutes	Grandparents, adolescents, expectant parents and parents
209	Going It Alone-Preparing for Single Parenthood	Single Parenting	37 Minutes	Expectant parents and parents who are single
232	Fever In Children: Fear & Facts	Discusses the useful effects of elevated body temperature, dispels some common myths about fever such as that high fever causes brain damage. Presents practical ways a feverish child can be made more comfortable. Guidelines indicating conditions in which a physician should be consulted are given. 1996	11 Minutes	Parents and others who care for children.
252	Ready to Learn	Hosted by LeVar Burton, Jamie Lee Curtis (English), and Edward James Olmos (Spanish) lead a discussion on the importance of early literacy and show parents and caregivers how to help young children develop language skills through everyday activities like talking, singing and playing. Goes well with Ready to Learn Booklet. http://www.iamyourchild.org/booklets.asp	24 Minutes	Parents and Childcare Providers.

319	Baby Talk: The Guide for New Parents	Baby Talk combines helpful demonstrations with reassuring advice offered to new parents.	55 Minutes	Parents, Educators
323	Avoiding the Money Trap (DVD)	Despite Working hard, many rural families struggle to meet day-to-day expenses or to build a cushion for emergencies. Geographically isolated and often lacking financial background, they are vulnerable to money traps such as payday loans, high-interest car and mortgage loans, refund anticipation loans and high fees for cashing checks. This dvd tells the real life stories of several of these families. (in English & Spanish)	25 Minutes	Parents, Educators
340	Positive Discipline Without Shaking, Shouting or Spanking Volume 1: Babies	Age-appropriate positive discipline techniques for babies. Facilitators Guide available attached	25 Minutes	Parents, Educators
341	Positive Discipline Without Shaking, Shouting or Spanking Volume 2: Toddlers	Age-appropriate positive discipline techniques for toddlers Facilitators guide attached to Volume 1	24 Minutes	Parents, Educators
342	Positive Discipline Without Shaking, Shouting or Spanking Volume 3: Pre-schoolers	Age-appropriate positive discipline techniques for Preschoolers Facilitators guide attached to Volume 1	27 Minutes	Parents, Educators

Postpartum Issues

47.2	Taking Care of Mom, A Guide to Postpartum	Physical and Emotional care for new mothers.	23 Minutes	Expectant parents and childbirth classes.
251	Heartache and Hope: Living Through Postpartum Depression	Tells the compelling stories of four couples who celebrate the positive outcomes of their postpartum experience. Traumatized by non-stop tears, low self-esteem, and the inability to celebrate the birth of their children, these parents faced PPD head on and discovered that their unexpected struggles ultimately led to unanticipated joys and the knowledge that PPD subsides. Includes: signs and symptoms of PPD, everyday coping skills, breastfeeding while on medication, the improvement of support for women.	27 Minutes	Families and health Care Professionals

Pregnancy

31.1	It's Up To Me	Documentary on the responsibilities of pregnancy	Approx. 13 Minutes	Women of childbearing age and expectant mothers
50.1	Pregnancy 1st Trimester Volume 1, (The Baby Video Library, Humancare, Inc.)	This video is most helpful for women attempting to conceive or those who have just learned that they are pregnant. It provides a basic outline of what occurs in the body during the first three months and covers topics such as diet, exercise, smoking, alcohol, rest and doctor visits	31 Minutes	Pregnant women, women trying to conceive.
51.1	Pregnancy 2nd Trimester Volume 2, (The Baby Video Library, Humancare, Inc.)	Issues specific to the second trimester are covered. Information such as what to expect, problems that can occur and precautions that should be taken to help ensure a healthy pregnancy and delivery are discussed.	19 Minutes	Pregnant women prior to the second semester
52.2	Pregnancy 3rd Trimester Volume 3, (The Baby Video Library, Humancare, Inc.)	This film is intended to prepare the expectant mother for the changes that will be occurring during the final trimester of pregnancy by providing her with information about possible complications and problems and preparing for labor and delivery.	15 Minutes	Pregnant women and the baby's father

239	Fetal Alcohol Syndrome			Professionals that work with pregnant moms or children with FAS
280.1	The Babies and You Video Series Volume 1: Preconception Planning	Learn how to get ready physically, emotionally and financially for a baby, tips on how to pick a healthcare provider that's right for you, what to expect on a preconception visit.	31 Minutes	Pregnant women
280.2	The Babies and You Video Series Volume 2: Prenatal Care	Learn how your habits and daily activities can affect the health of your baby, what you'll need to have on hand when your baby is born, and how to dress for all occasions.	38 Minutes	Pregnant women
280.3	The Babies and You Video Series Volume 3: Stress & Exercise During Pregnancy	Learn common causes of stress for pregnant couples, how to minimize and cope with stress, what type of exercise are good for pregnant women and a look at prenatal exercise classes.	30 minutes	Pregnant women
280.4	The Babies and You Video Series Volume 4: Nutrition During Pregnancy	Learn how good nutrition is vital to the health of both mom and her growing baby, how much and what to eat during pregnancy, gaining weight during pregnancy, and hwo the weight is distributed between you and your baby.	38 minutes	Pregnant women
289	Because You're Pregnant	Covers the most common aspects and questions of pregnancy. Narratives by real-life expectant mothers, state of the art graphics, and animation all combine to convey the program's content. The video reassures expectant mothers that every pregnancy has aspects that are both unique and universal.	26 minutes	Pregnant women
296	Smile Guide: Dental Health and Pregnancy	Expecting mothers will learn the importance of dental health for a healthy pregnancy and healthy babies. The skills needed for prevention of infant dental caries during the first six months are covered, including a strong message that you should never put your baby to bed with a bottle. Mom's nutrition, healthy snacking ideas, and self-care routines for prevention, including a dental visit are included.	13 minutes	Pregnant and post-pregnant women
332	Body Story: Body Snatchers & Breaking Down	<p>Body Snatchers Go inside the bodies of two women whose natural systems each must deal with foreign organisms trying to control its host: a flu virus and a growing fetus. The body's reaction to and changes from each "invader" are truly remarkable.</p> <p>(The episode Breaking Down details on how the body heals)</p>		Educators, Parents
335	You Can Quit! How to Stop Smoking During Pregnancy	This important program reaches out to the group most likely to smoke during pregnancy: women in their teens and twenties.	18 minutes	Educators, Parents, Teens

336	Your Healthy Pregnancy: Prenatal Nutrition and Exercise	Pregnancy is a wonderful time for women to adopt healthy eating and exercise habits that can last a lifetime. This dvd illustrates the fundamentals of a healthy diet, explains the importance of seeking out individual nutrition advice and encourages safe & consistent exercise during pregnancy.	14 minutes	Educators, parents
337	Your Healthy Pregnancy: Prenatal Discomforts	The physical changes of pregnancy can cause a wide range of aches and pains. This program illustrates safe, healthy ways to relieve common prenatal discomforts, opportunities for partners to support, and diet and exercise tips.	12 Minutes	Educators, parents
338	Your Healthy Pregnancy: Prenatal Emotions	While pregnancy is usually an exciting time for expectant parents, it can also raise feelings of doubt and anxiety. Moms and dads to be can be caught off guard when swinging hormone levels and important parenting issues enter their lives.	11 Minutes	Educators, Parents

Prenatal Issues

65.2	Making a Difference: A Mothers Guide To Prenatal Care	Gives mothers-to-be a comprehensive four-part overview of prenatal care, covering: Checkups, tests, and relationship with one's care provider; Avoidance of smoking, alcohol and drug use, and other harmful habits; Nutrition requirements; How to deal with common discomforts and spot warning signs of problems.	17 Minutes	All women of childbearing age.
110	Human Development Conception to Neonate: Birth & the Newborn	Discusses family sensitive birth practices and physical care of the neonate. For professionals.	27 Minutes	Professionals
111 CE	Human Development Conception to Neonate: Reducing Risk Factors	Discusses environmental factors in pregnancy that contribute to low birth weight and birth defects. Focuses on those factors that have been shown to be preventable through intervention, primarily changes in lifestyle. Discusses importance of delaying childbirth until after adolescence, obtaining information about personal risks, seeking early prenatal care, and avoiding harmful substances. 1992 – 3 CE	34 Minutes	Professionals
181 C 181 L 181 V	In Their Own Words; Prenatal Care and Southeast Asian Women Cambodian, Laotian, Vietnamese	Encourages Southeast Asian Women to seek prenatal care early in their pregnancies. Southeast Asian Women speak frankly of concerns about cultural differences in prenatal care and effective ways of incorporating their traditional values into Western health care.	20 Minutes	Expectant parents of the Southeast Asian descent
215	Pregnancy-Mom and the Unborn Baby	Prenatal care information.	70 Minutes	Expectant parents and anyone contemplating pregnancy.
216	Journey to Birth (March of Dimes)	Fetal growth	20 Minutes	Expectant parents and anyone contemplating pregnancy.
217	Inside My Mom (March of Dimes)	Fetal growth	9 Minutes	Expectant parents and anyone contemplating pregnancy.
239	Fetal Alcohol Syndrome			Professionals that work with pregnant moms or children with FAS

Safety Issues

221	Secure Your Peace of Mind: Fire Safety and Prevention	This video highlights examples of safety precautions you can consider to help protect yourself, others, and your personal property.	Approx. 10 Minutes	Anyone
291	Starting Out Safe and Sound	Only Parts 2 and 3 are available! Part 2 – Keeping your baby safe (care safety, sleep position, correct head support, fire and burn precautions) Part 3 – Making the Most of Your Trimester (selecting a pediatric provider, reviewing health coverage, breastfeeding promotion.)	30 Minutes	Parents
307	Car Seat Safety Video Project DVD	Defines car seat guidelines and laws, tips for installation, safety considerations with various sizes and types of car seats, and addresses safe driving behavior	13 Minutes	All Audiences
324	Poison Prevention Program Babysitter's Presentation			Teens, Parents, Educators
325	Poison Control In Action	Most people think of children when they think of poisoning. However while children are more often exposed to poisons, adults suffer more serious poisoning injuries and death. This program provides a video, presenter's guide and handouts.	13 minutes	Educators

SIDS

135.2 135.3 135 S	Sudden Infant Death Syndrome: A video On Helping to Reduce the Risk	Information on the importance of placing babies on their backs or sides to sleep in order to reduce the risk of SIDS. Also mentions a few additional practical, easy to implement ideas in order to lower the chances of crib death. 1 minute loop keeps repeating.	Approx. 1 Minute Loop	Expectant and new parents as well as care-givers
137 M	Make a Difference: Help Reduce the Risk of Sudden Infant Death Syndrome (SIDS)	1 minute loop gives information on the importance of placing the baby on the back to reduce the risk of SIDS. Each vignette is aimed at a different culture or ethnic group.	Approx. 1 Minute Loop	Expectant and new parents as well as care-givers
258	SIDS: Parents Need to Know	Physicians Training created by New York State Center for Sudden Infant Death.	13 Minutes	Physicians

Smoking Cessation

160.1 S	"Mi Bebe Fumando"	A pregnant woman struggles with the effects of her husband's smoking on her fetus, her two children and herself. Suggested for use in waiting rooms.	22 Minutes	Parents and expectant parents, Family and extended family.
224.1 224.2	Poisoning Your Children	The ill effects of second-hand smoke	12 Minutes	Pregnant and parenting families who smoke.
283	Media Sharp: Analyzing Tobacco and Alcohol Messages	This video is designed to help youth assess media messages about alcohol and tobacco, increase understanding of the potential influence of those messages, and heighten ability to resist the influence of such media messages on behavior. Users Guide enclosed in video case.	7 minutes	Youth, service providers
335	You Can Quit! How to Stop Smoking During Pregnancy	This important program reaches out to the group most likely to smoke during pregnancy: women in their teens and twenties.	18 minutes	Educators, Parents, Teens

Substance Abuse

239	Fetal Alcohol Syndrome			Professionals that work with pregnant moms or children with FAS
308	Recovering Hope: Mothers Speak Out About Fetal Alcohol Spectrum Disorders	Eight women tell poignant, memorable stories. They speak out about how alcohol use during pregnancy affected their children, how they are learning new, effective ways to parent, and how they are recovering hope for the future.	1 Hour	Women in substance/alcohol treatment programs, general audiences, pregnant women

Women's Health Issues

225	Sex, Love and Babies- How babies change your marriage	Examines the changes and challenges couples face after the birth of a child.	12 Minutes	Women contemplating parenthood and their partners.

Alphabetical List of Videos

REACH CNY Resource Library

Ref#	Title	Topic
261	A Premie Needs His Mother: First Steps to Breastfeeding Your Premature Baby I & 2 (Two Videos)	Breastfeeding Parenting
266	A Walk In Your Shoes "Teen Parent"	Adolescent Issues
156.1 S	ABC's for Moms	Infant & Childcare
329	Anatomy of Sex	Adolescent Issues
280.1, 280.2, 280.3, 280.4	Babies and You Video Series	Pregnancy
321	Baby Bottle Tooth Decay	Health
126	Baby Feeding Cup	Infant & Childcare
319	Baby Talk The Video Guide For New Parents	Parenting
289	Because You're Pregnant	Pregnancy
250.1	Being Active as a Family	Breastfeeding Parenting
249	Being Active During and After Pregnancy	Breastfeeding Pregnancy
293	Being Active During and After Pregnancy	Pregnancy
97	Birth Class Focus on Labor and Delivery	Childbirth
55	Birth- Prepared Childbirth & C-Section	Childbirth
310	Body Talk 2	Adolescent Issues
311	Body Talk 3	Adolescent Issues
286	Breast Cancer Risk Assessment Tool	Healthcare
174	Breast Is Best	Breastfeeding
157.1	Breastfeeding & the Family	Breastfeeding
155.2	Breastfeeding & Working-It's Worth the Effort	Breastfeeding
125	Breastfeeding the Pre-term Infant: A Positive Approach	Breastfeeding
15.1 15.2 15.2 S	Breastfeeding Your Baby: Positioning Amamantando a su Bebe: Colocacion	Breastfeeding
139	Breastfeeding: Coping With the First Week	Breastfeeding
140	Breastfeeding: Dealing With the Problems	Breastfeeding
154.1	Breastfeeding-You Can Make the Difference	Breastfeeding
176	Breasts and Breastfeeding Common Early Concerns	Breastfeeding
307	Car Seat Safety Video Project (DVD)	Safety

75	Childbirth From the Inside Out Part II	Childbirth
61.1	Childhood-The 15 to 18 Month Old Baby	Infant & Childcare
58.1	Childhood-The 4 Month Old Baby	Infant & Childcare
59	Childhood-The 6 Month Old Baby	Infant & Childcare
60.2	Childhood-The 9 to 15 Month Old Baby	Infant & Childcare
277	Children of Children: Portraits and Stories of Teenage Parents	Adolescent Issues
165	Clinical Management of Breastfeeding for Health Professionals: Part 1	Breastfeeding
166	Clinical Management of Breastfeeding for Health Professionals: Part 2	Breastfeeding
77	Comfort Measures For Childbirth	Childbirth
130 S	Dar A Luz Con Amor	Childbirth Prenatal
93.1	Dental Care For Kids	Child Development
297	Dental Care for the Early Years Age 0 – 5	Infant and Child Care
108.1	Discipline From Birth to Three: Guidelines for Avoiding Discipline Problems.	Parenting
192	Domestic Violence: Behind Closed Doors	Abuse, DV
142	Equal Partners: African-American Fathers and Systems of Health Care	Child Development Fathering
169	Everlasting Embrace: Caring for Our Children's Children	Parenting
318	Expecting Multiples	Childbirth
268	Fathers Too Soon	Adolescent Issues
239	Fetal Alcohol Syndrome	Pregnancy Prenatal Substance Use
232	Fever In Children: Fears and Facts	Parenting
298	Fire in Our House	AIDS/HIV
116	First Two Years: What Lily Learned	Infant & Childcare
343	First Year Milestones Volume 1: Birth to 6 Months	Parenting
344	First Year Milestones Volume 2: 7 to 12 Months	Parenting
209	Going It Alone-Preparing for Single Parenthood	Parenting
46 46 S	Healthier Baby By Breastfeeding, The ABC's of Childcare	Breastfeeding
322	Healthy Steps for Teen Parents	Adolescent Issues
251	Heartache and Hope: Living Through Postpartum Depression	Postpartum Issues

49.1 49.1 S	Home Before You Know It de Regres en casa en un dos por Tres	Parenting
305	Hope is Not a Method	Adolescent Issues
339	Hospital to Home: A Security Blanket for Parents	Pregnancy
183.1	How to Help Your Patients Stop Smoking: A National Cancer Institute Program for Physicians	Smoking Cessation
228	Human Development – Birth to 2 ½: Cognitive Development	Child Development
229	Human Development – Birth to 2 ½: Emotional and Social Development	Child Development
230	Human Development – Birth to 2 ½: Language Development	Child Development
231	Human Development – Birth to 2 ½: Physical Growth and Motor Development	Child Development
110	Human Development Conception to Neonate: Birth & the Newborn	Prenatal
111	Human Development Conception to Neonate: Reducing Risk Factors	Prenatal
181 C 181 L 181 V	In Their Own Words; Prenatal Care and Southeast Asian Women Cambodian, Laotian, Vietnamese	Prenatal
68	Ineffective Breastfeeding	Breastfeeding
101	Infant & Toddler Emergency First Aid- Volume 1: “Accidents”	Infant & Childcare Safety
102	Infant & Toddler Emergency First Aid- Volume 2: “Illnesses”	Infant & Childcare Safety
217	Inside My Mom (March of Dimes)	Prenatal
201.1	Irrefutable Evidence	Healthcare
31.1	It’s Up To Me	Pregnancy
216	Journey to Birth (March of Dimes)	Prenatal
98.1	Just a Beginning: Prenatal Care for Teens	Adolescent Issues
320	Just a Beginning: Prenatal Care For Teens	Adolescent Issues
99.1 99.2 99 S	Labor and Delivery for Teens	Adolescent Issues
317	Labor of Love Childbirth Class	Childbirth
180	Lamaze, You and Your Baby 1999 Edition	Childbirth
138	Lizzie and the Baby: The Childbirth for Children Video.	Childbirth Child Development
137 M Multicultural	Make a Difference: Help Reduce the Risk of Sudden Infant Death Syndrome (SIDS)	SIDS
65.2	Making a Difference: A Mothers Guide To Prenatal Care	Prenatal
283	Media Sharp: Analyzing Tobacco and Alcohol Messages	Smoking Cessation

160.1 S	Mi Bebe Fumando	Smoking Cessation
56	Newborn Baby (Baby Video Library, Humancare, Inc.)	Infant & Childcare
290	News About Newborns	Child Development
325	Poison Control In Action	Safety
324	Poison Prevention Program Babysitters Presentation	Safety
224.2	Poisoning Your Children	Smoking Cessation
227	Portrait of Promise: Preventing Shaken Baby Syndrome	Abuse, DV
340	Positive Discipline Without Shaking, Shouting or Spanking Volume 1: Babies	Parenting
341	Positive Discipline Without Shaking, Shouting or Spanking Volume 2: Toddlers	Parenting
342	Positive Discipline Without Shaking, Shouting or Spanking Volume 3: Preschoolers	Parenting
128 S	Practicando Para Dar Luz	Childbirth
50.1	Pregnancy 1 st Trimester Volume 1, (The Baby Video Library, Humancare, Inc.)	Pregnancy
51.1	Pregnancy 2 nd Trimester Volume 2, (The Baby Video Library, Humancare, Inc.)	Pregnancy
53.2	Pregnancy 38 Weeks-Labor (The Baby Video Library, Humancare, Inc.)	Childbirth Pregnancy
52.2	Pregnancy 3 rd Trimester Volume 3, (The Baby Video Library, Humancare, Inc.)	Pregnancy
96.1	Pregnancy Teens: Taking Care	Adolescent Issues
215	Pregnancy-Mom and the Unborn Baby	Prenatal
252	Ready to Learn	Parenting
313	Reality Matters: Cruel Schools DVD	Adolescent Issues
314	Reality Matters: Obesity and Nutrition DVD	Adolescent Issues
308	Recovering Hope: Mothers Speak Out About Fetal Alcohol Spectrum Disorder	Substance Abuse
299	Saving Babies: Premature Birth	High Risk Pregnancy/ Pregnancy Loss
327	Science of Sex: Different by Design Part One	Adolescent Issues
328	Science of Sex: Different by Design Part Two	Adolescent Issues
221	Secure Your Peace of Mind: Fire Safety and Prevention	Safety Issues
225	Sex, Love and Babies- How babies change your marriage	Women's Health
62.1	Shaking, Hitting, Spanking: What To Do Instead Golpes Y Gritos Como Evitarlos	Parenting
258	SIDS: Parents Need to Know	SIDS Infant & Childcare Parenting
296	Smile Guide: Dental Health and Pregnancy	Pregnancy

17.2	Someday I Might be a Parent	Adolescent Issues
316	Stages of Labor: A Visual Guide	Childbirth
291	Starting Out Safe and Sound	Safety
306	STD Resources (CD-ROM)	HIV/AIDS
135.2 135.3 135 S	Sudden Infant Death Syndrome: A Video On Helping to Reduce the Risk	SIDS
326	Super Size Me	Breast-Feeding, Nutrition & Exercise
47.2	Taking Care of Mom, A Guide to Postpartum	Postpartum
246 246 S	Teen Breastfeeding: The Natural Choice: Starting Out Right	Adolescent Issues Breastfeeding
245.1 245 S	Teen Breastfeeding: The Natural Choice: Why Breastfeed? 198	Adolescent Issues Breastfeeding
345 345.2	The Baby Care Workshop (3 DVDs plus cd-rom of handouts and teaching guide)	Parenting
332	The Body Story: Body Snatchers, Breaking Down	Healthcare, Pregnancy
330	The Body Story: Out of Control, Spreading menace and Teen Dreams	Adolescent Issues, Health Care
331	The Body Story: The Beast Within, Crash	Healthcare
333	The Dad Difference: Baby Basics	Fatherhood, Parenting
334	The Dad Difference: Involved From the Start	Fatherhood, Parenting
315	The Happiest Baby on the Block	Infant and Childcare
323	The Money Trap	Parenting
123.1	Touchpoints: The Brazelton Study. Vol. 2 The First Month Through the First Year	Infant & Childcare
124	Touchpoints: The Brazelton Study. Vol. 3 One Year Through Toddlerhood	Infant & Childcare
122.2	Touchpoints: The Brazelton Study. Volume 1 Pregnancy, Birth and the First Weeks of Life	Child Development
115	Transcultural Perspectives in Nursing Assessments	Healthcare
112	Transcultural Perspectives In Nursing- Improving	Healthcare
113	Transcultural Perspectives in Nursing- Communications	Healthcare
114	Transcultural Perspectives in Nursing- Communications Part 2	Healthcare
292	Understanding Birth: A Comprehensive Guide	Childbirth
141	Unsung Lullabies	High Risk Preg.

187	WellStart International Investing In The Future: Women, Work and Breastfeeding	Breastfeeding
158.1	Why Don't They Breast Feed?	Breastfeeding
262	Working With Teens (and Young Adults) Pregnant or Parenting: Vol. 1 For Parents	Adolescent Issues Parenting
263	Working With Teens (and Young Adults) Pregnant or Parenting: Vol. 2 For Teens	Adolescent Issues
264	Working With Teens (and Young Adults) Pregnant or Parenting: Vol. 3 For Educators and Caregivers	Adolescent Issues
288	Works of Wonder	Childbirth
153.1	Yes, You Can Breastfeed	Breastfeeding
335	You Can Quit: How to Stop Smoking During Pregnancy	Smoking Cessation, Pregnancy
149	You're Hurting Me Too! Children and Domestic Violence	Abuse, DV
278.1, 278.2, 278.3, 278.4, 278.5, 278.6	Your Baby's First Year: A Guide for Teenaged Parents Volumes 1 – 4	Adolescent Issues
337	Your Healthy Pregnancy: Discomforts	Pregnancy
338	Your Healthy Pregnancy: Emotions	Pregnancy
336	Your Healthy Pregnancy: Nutrition & Exercise	Pregnancy