

Private Lactation Consultants

For Madison and Onondaga Counties
Amy Comfort, IBCLC, 315-882-8249

For Oneida County
Mohawk Valley Lactation
Anna Mroczek, IBCLC, 315-497-7080

Breastfeeding Coalition and Groups

Madison County Healthy Start Partnership
For more information call366-2848

Mohawk Valley Breastfeeding Network.....335-2735
Sue Niedzielski, IBCLC

CNY Breastfeeding Connection
Syracuse, 2nd Tuesday of every month at REACH CNY
For more information call424-0009

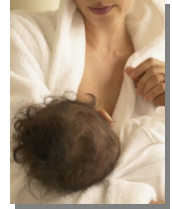
Breastfeeding Café



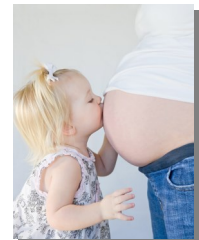
got breast milk?



my mommy makes milk, what's your superpower?



Breastfeeding Community Resources



**Office on Women's Health
Breastfeeding Helpline
1-800-994-9662**

Madison County

Breastfeeding Support

Oneida Healthcare.....361-2065

Pat Jones, IBCLC

Holly Hodges, Cindy Finley, Brenda Hull, Kim Stark,
Cheryl Tibbitts, CLC

Madison County Health Department366-2848

Molly Limbert, IBCLC

Barb Whaley, Community Breastfeeding Educator

Breastfeeding Connections (Warm-line) 361-2065 or 813-3132

WIC.....720-0124

Sue Niedzielski, IBCLC

Breastfeeding Connections

Oneida Healthcare.....361-2065

Baby Weigh Station: 607 Seneca Street, Oneida

Mondays 4-7 pm & Fridays 1-3 pm

Call for appointment.

Breastfeeding Connections Café with a light lunch

on the first and third Fridays 1-3 pm.

No appointment necessary.

La Leche League

Visit www.LaLecheLeague.org to find a group near you.

Hamilton Public Library, 4th Wednesday, 6 pm

Summer Knapp837-9612

Breast Pumps

Oneida Health Support....fax: 363-4427.....phone: 458-3200

WIC (WIC clients only)363-3210 or 720-0124

Herkimer County

Breastfeeding Support

WIC, Sue Niedzielski, IBCLC.....720-0124

Breast Pumps

WIC (WIC clients only).....866-5029 or 720-0124

Oneida County

Breastfeeding Support

Oneida County Health Department.....798-5906

Baby Weigh Station at Oneida County Health Clinic:

406 Elizabeth St., Utica

Drop in Fridays 1-4 pm or call 798-5906 for appointment.

Rome Hospital.....338-7124

St. Luke's Hospital, Utica.....624-6762

WIC.....798-5066

Breastfeeding Café

Lady of Lourdes Church, Utica, Wednesday.....335-2735

Sue Niedzielski, IBCLC

Trinity Church, Rome, 4th Wednesday.....269-2042

La Leche League

Visit www.LaLecheLeague.org to find a group near you.

Breastfeeding Café, Utica.....749-4218

Breast Pumps

Nunn's Hospital Supplies, Rome.....339-4084

St. Luke's Hospital, Utica.....624-6762

WIC (WIC clients only)798-5066

Onondaga County

Breastfeeding Support

Upstate Hospital at Community General campus....492-5577

Crouse Hospital.....470-7179

St. Joseph's Hospital.....448-5323

WIC.....435-3304

Breastfeeding Café

REACH CNY, 1010 James Street, Syracuse

2nd & 4th Thursday.....424-0009

La Leche League

Visit www.LaLecheLeague.org to find a group near you.

East Syracuse area.....313-4555

Liverpool.....623-0555

Breast Pumps

Rothschild's Home Healthcare Center.....475-5181

Otsego County

Breastfeeding Support

Bassett Medical Center, Cooperstown.....(607) 547-3536

IBCLC *International Board Certified Lactation Consultant*
CLC *Certified Lactation Counselor*